

FRANO HRKAC

FITNESS COACH





PERSONAL PROFILE

FRANO HRKAĆ, CURRICULUM VITAE

- Experienced and methodical fitness trainer
- Born on July 17, 1980 in Mostar, Bosnia and Herzegovina
- Fitness trainer with many years of work experience in the football industry
- As a player and as a coach over 25 years of experience
- Coach with the highest degree of education
- Speaks Croatian and English fluently
- In order to make the most of his skills, a player must first be fit enough to play the full 90 minutes, so it's good to find the perfect balance between incorporating fitness and conditioning, while making sure it doesn't affect the players' ability.

PLAYING CAREER

FRANO HRKAĆ, CURRICULUM VITAE



FK VELEŽ MOSTAR, Bosnia and Herzegovina 1987 - 1992







JNK ŠIROKI BRIJEG, Bosnia and Herzegovina 1992 - 1997







NK DRAGOVOLJAC ZAGREB, Croatia 1997 - 1998 NK CROATIA SESVETE, Croatia 2002- 2004





COACHING CAREER

FRANO HRKAĆ, CURRICULUM VITAE



NKPOSUŠJE, Bosnia and Herzegovina 2006 - 2008



HŠK ZRINJSKI MOSTAR, Bosnia and Herzegovina 2007 - 2008



NK ŠIROKI BRIJEG, Bosnia and Herzegovina 2009 - 2010



EHEIME FC, Japan 2010



NK ŠIROKI BRIJEG, Bosnia and Herzegovina 2011 - 2015



AL RIFA SC, Bahraini 2015



HENAN YIANYE FC, China 2015 - 2016



INCHEON UNITED FC, South Corea 2017 - 2018



CHONBURI FC, Thailand 2018 - 2019



NK ŠIROKI BRIJEG, Bosnia and Herzegovina 2019 - 2022



AL QADSIAH FC, Saudi Arabia 2022



LEBANON F.A, Lebanon 2022 - present



AL-BATIN FC, Saudi Arabia 2023

